



AKASHA

SPA AND FITNESS

HOLISTIC WELLBEING

THE COMPLETE MEMBERSHIP

Akasha is leading a new concept and holistic approach to wellbeing. The name Akasha reflects a core vision to harmoniously unite the four basic elements of nature; earth, water, fire and air. Earth offers nourishment in our lounge bar, water flows through our spa, fire blazes across our gym and air breezes through our studios.

A SENSE OF BELONGING

As a member of Akasha, you will have complete access to all its elements – earth, water, fire and air. A range of memberships are available to suit the needs of those who connect with the Akasha values and would like to embark on a journey of holistic wellbeing. Each membership includes tailored consultations and bespoke programmes designed specifically for your individual requirements.

FACILITIES AT AKASHA INCLUDE:

- Over 1,000sqm/10,500sqft
- 18m/60ft lap pool
- 150sqm/1,615sqft state-of-the-art gym
- Specialised personal trainers
- Spinning and aerobic classes
- Yoga studio
- Meditation room
- Holistic spa treatments
- Watsu and Hammam signature experiences

INDIVIDUAL GYM & SPA

For those who desire regular exercise and relaxation time, who want an environment of calm with an abundance of space.

ACCESS: UNLIMITED ALL AREAS

- 12 guest passes
- Personalised fitness plan
- Regular fitness assessments
- Lifestyle consultation
- Two personal training sessions
- Two complimentary 50 minute treatments
- Complimentary healthy snacks and drinks
- Invitations to events and launches
- 15% off Akasha Spa treatments
- Discounted rate of €20 for children (age 3 to 16) access to the swimming pool, daily 10.00am to 11.30am and 2.00pm to 3.30pm
- Access to all Akasha Holistic Wellbeing of The Set hotels

EVENTS & SPECIAL PROMOTIONS

- Invitations to members events offering a variety of health and wellness activities, seminars and networking events
- Exclusive members spa offers and promotions
- Variety of discounts and benefits in local retail businesses

CONSERVATORIUM HOTEL

- Access to exclusive Host Service
- Valet Parking for an additional reduced fee
- Access to Business Corner

Please contact Akasha for more information and rates.

JOINT GYM & SPA

An ideal membership for cohabiting members who wish to benefit from all Akasha facilities and services.

If you and your partner are already members or if you would like to introduce your partner to Akasha there is now this new option available for two people residing at the same address.

ACCESS: UNLIMITED ALL AREAS

- 12 guest passes
- Personalised fitness plan
- Regular fitness assessments
- Lifestyle consultation
- Three personal training sessions
- Three complimentary 50 minute treatments
- Complimentary healthy snacks and drinks
- Invitations to events and launches
- 15% off Akasha Spa treatments
- Discounted rate of €20 for children (age 3 to 16) access to the swimming pool, daily 10.00am to 11.30am and 2.00pm to 3.30pm Access to all Akasha Holistic Wellbeing of The Set hotels

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SPA MEMBERSHIP

Ideal to take advantage only of our spa facilities including changing rooms, swimming pool, whirlpool, Hammam and sauna.

ACCESS: UNLIMITED TO AKASHA SPA FACILITIES

- 5 guest passes
- Lifestyle consultation
- One complimentary 50 minute treatment
- Complimentary healthy snacks and drinks
- Invitations to events and launches
- 15% off Akasha Spa treatments
- Discounted rate of €20 for children (age 3 to 16) access to the swimming pool, daily 10.00am to 11.30am and 2.00pm to 3.30pm
- Access to all Akasha Holistic Wellbeing of The Set hotels

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AKASHA MEMBER BENEFITS

CONSERVATORIUM HOTEL

RESTAURANTS AND BAR

10% discount from Monday until Thursday in the Brasserie and Lounge, Taiko and Tunes Bar.

ROOMS

15% discount on the best available room rate incl. breakfast based on availability, not in combination with promotions or packages.

MEETING & EVENT VENUES

25% discount on the best available meeting room rental.
15% discount on the Day Delegate Rate package.

AKASHA HOLISTIC WELLBEING

NATURA BISSÉ

15% discount on product sales.

ANNE SEMONIN

15% discount on product sales.

OPI

15% discount on product sales.

THE TIDES

15% discount on product sales.

For more information about the Akasha Member Benefits, please visit the website to view all details.
The benefits are available upon display of our Akasha Membership card.

Akasha Holistic Wellbeing

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