



AKASHA

SPA AND FITNESS

HOLISTIC WELLBEING

PRICES

PRICES

ANTI-AGING CARITA FACIAL CARE

Carita	30min	1h00	1h45
Age defying			345€
Skin transformer	120€	200€	335€
Lift and firm		190€	320€
Replenish and hydrate	95€	190€	320€
Intense detox	95€	190€	320€
Advanced repair	95€	190€	320€
Intense smoothing	95€		
Gentleman Facial		190€	
CellCosmet	1h00	1h30	2h00
Urban Detox 🌀		320€	
Instant Radiance	195€		
Exceptional Rejuvenating			395€
Intense Anti-Aging Moisturiser		280€	
Intensive Clarifier		280€	
Intensive Smoothing Care		370€	
Eye rejuvenation	195€		
CellMen	30min	1h00	1h30
Instant Radiance	130€		
Advanced Rejuvenation			295€
Intense Anti-Aging Moisturiser			280€
Intensive Clarifier			280€

BODY CARE

Carita Body Care	30min	1h00	
Akasha by Carita 🌀		275€	
For Heavy and Tired Legs		95€	
Slimming		95€	
Relaxation		95€	
Exfoliating and Draining	95€	190€	
Nourishing and Relaxing		190€	
Balancing and Soothing		190€	
Relaxing and Invigorating		190€	
CellCosmet – CellMen	1h00	1h30	
Intense Detox		190€	
Redefining		190€	
Cellulite Reduction		290€	
Intense Smoothing		290€	
Deep draining		195€	
Intensive Remodelling		195€	
Aromatherapy Associates	30min	1h00	1h30
Anti Jet Lag 🌀			275€
Intensive Conditioner		190€	280€
Swedish Massage		190€	
Intensive Detoxifier		190€	
Intensive Conditioner	100€	190€	
Relaxing Massage for Expectant Mothers		190€	
Massages of the World	1h00	1h30	
	190€	280€	

Our team of experts remain at your disposal for a consultation and to establish a personalized program.

PRICES

ESSENTIALS

Kure Bazaar

Shape and Colour	50€
The Left Bank manicure	90€
The Organic Luxury Pedicure	110€
The Organic Luxury Manicure	120€
The Left Bank Manicure	140€
Gentleman Manicure	90€
Gentleman Pedicure	110€
Supplement Semi-Permanent	30€

Chado

Brow Re-Shaping	65€
Brow Spa	80€
Beauty Enhancement	95€
Eye Enhancing Treatment	160€

Christophe Nicolas Biot "Sur Mesure"

Hair colour	from 200€
Highlights	from 250€
Hair colour and highlights	from 350€
Gloss	70€
Mask	20€
Forks treatment	60min 90min 150€ 180€
Full hair care	45min 60min 75min 90€ 150€ 180€
Wellaplex treatment protocole	100€
Wellaplex treatment highlights	50€
Hair Bun	
Prêt-a-porter	90€
Couture	120€
Haute couture	150€
Styling and blow dry	
Prêt-a-porter	90€
Couture	120€
Haute couture	150€
Women	
Shampoo – Hair cut – Blow dry	180€
Brazilian Keratin	700€
Hair extensions on request	Hair strand from 12€
Men	
Shampoo – Cut – Styling	130€
Barber	
Simple outline (clip)	70€
Beard tracing (outline – length – treatment)	45min 100€
Traditional shaving (beard shaving – treatment)	60min 150€

OUR PERSONAL TRAINERS

Individual trainer – 30min / 60min	60€ / 110€
Trainer for two – 30min / 60min	90€ / 180€
Private classes (Yoga, Pilates, Tai chi) 60min	150€
Package of 5 sessions – 30 minutes	275€
Package of 5 sessions – 1 hour	495€
Package of 10 sessions – 30 minutes	540€
Package of 10 sessions – 1 hour	990€
Micro-nutrition consultation	250€

AKASHA RETREATS

Sweet Moment	515€
Ultimate Beauty	625€
Gentlemen Only	490€
Mother-to-be	350€
Mother and Daughter	500€
Father and Son	290€
Long Distance Traveller	260€
Insomnia	205€

OUR URBAN TREATMENTS

Body

Slimming or Firming Technoled	
5 sessions	525€
10 sessions	1000€
Massages	
5 x 1 hour	855€
10 x 1 hour	1710€
5 x 1 hour 30 minutes	1260€
10 x 1 hour 30 minutes	2520€

Face

Carita Collections	
Including a long treatment (1h45) & 4 Extracts (1h)	950€

Membership 7/7, year round – solo 6,800€
Membership 7/7, year round – couple 12,000€

Membership Weekdays Mon-Fri, year round – solo 5,400€
Membership Weekdays Mon-Fri, year round – couple 10,000€